



**Courtney Clark provides content-based motivation that helps individuals adapt faster, achieve more, and develop Accelerated Resilience.**

She works with organizations that need teams who can succeed during change and challenge without burning out, lashing out, or giving up.



### **Research and strategies**

Courtney's presentations combine inspiration with research-based tactics. She'll work with you to find the perfect balance for your group.



### **Stories**

Her personal experience led Courtney to discover the best practices to help teams build individual and group resilience to change and stress.



### **Humor and interaction**

Courtney gets participants out of their seats and laughing, interacting hands-on with the material, even in the largest rooms.

**"Courtney will be the best money you'll spend!"  
-Procter & Gamble**

## The Training...

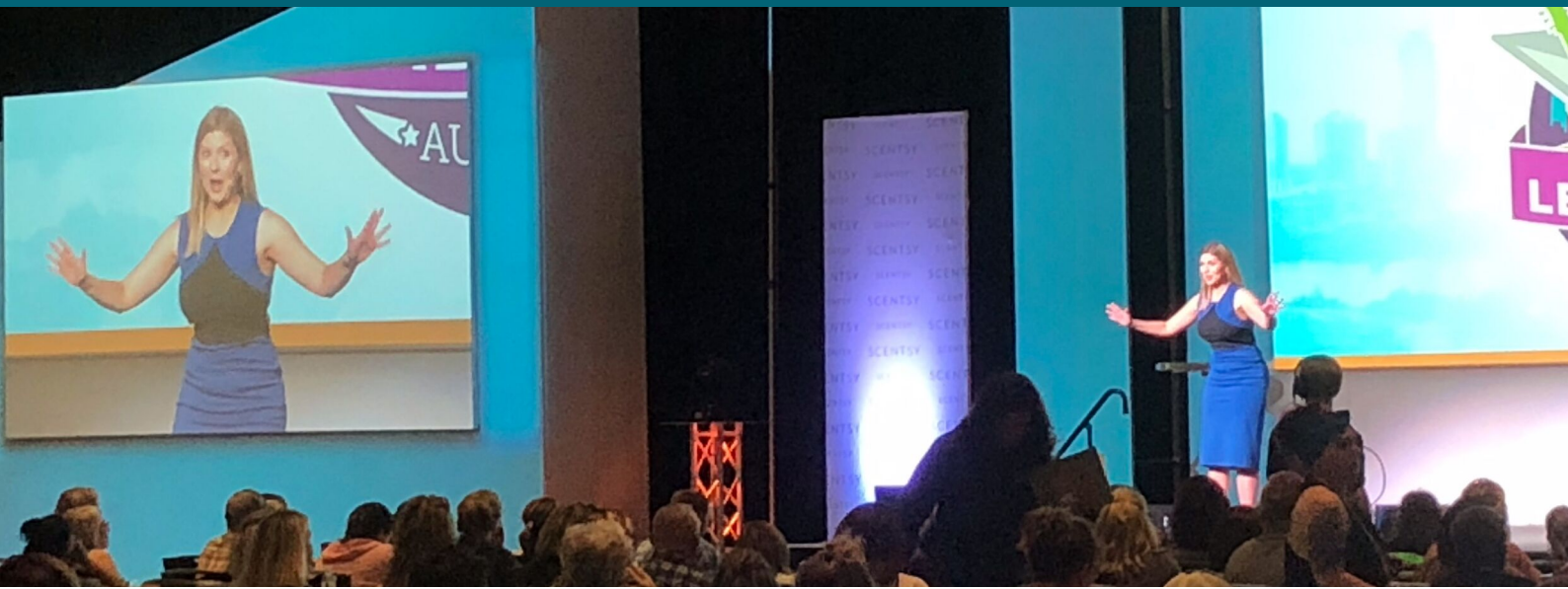
- 45-90 minute high-energy keynotes
- 1 hour to half-day deep-dive sessions

## Resilient Individuals...

- are better at managing organizational change
- close more sales
- deliver better customer service
- decrease employee turnover

"Courtney's session was engaging, enlightening, and entertaining. I would recommend her as your next speaker for any event."

-MGM



## Contact:

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