



**Connection Catalyst  
Speaker | Author | Consultant**



**Imagine – your attendees will laugh, learn,  
and leave with strategies and solutions to  
immediately implement for greater success!**

*"Holland exceeded our expectations while sharing useful brain-science techniques to balance work/life commitments."*

Melanie Buhmaster  
Vice President, Smile Train

*"Holland is a dynamic presenter! This was the perfect kick-off to our DE&I series."*

Frank Longobardi  
Former CEO CohnReznick

*"She's inspired and motivated all of us! Holland's relationship ROI strategies to increase our impact and income are amazing."*

Samantha Clark  
Managing Partner, CWP, Mass Mutual

*"Our most engaging speaker. Holland has tools to change your mindset, move you to action, and increase your sales."*

Lorri Kelley, Chairwoman  
Women's Leadership Development Network

**The Chemistry of Communication: Engage and Empower**

Communicating clearly and managing conflict are workplace superpowers if you know what to do. Conversational intelligence increases an organization's psychological safety, better leadership, and workplace effectiveness. Learn to align your thoughts, words, and actions to create best outcomes with clients and colleagues.

**The Science of Bias: Breaking the Barriers**

What drives human behavior toward bias and how can we overcome these barriers? Biases disrupt the flow of work, conflicts occur, and companies are less profitable when bias remains an untreated problem. Understand the origins of bias, how it impacts today's workplace, and how to recalibrate the brain to create a more inclusive, collaborative, and profitable culture.

**The Science of Work/Life Integration: Workplace Wellbeing**

The pandemic has impacted the mental health and wellbeing of every employee. Are you thriving or simply surviving in the hybrid world? Managing stress and overwhelm require proven science-based strategies to regulate the nervous system so you can get more done in less time. Learn to reboot the brain to increase engagement and belonging, as well as creativity and productivity.

**The Power of Human Connection: Impact, Influence, and Income**

Align your colleagues, get your clients on board, increase your circle of influence, and be more persuasive with pitches, presentations, and conversations. Learn what every human being needs and how you can immediately increase your impact, level up your influence, and boost your income.

**Transformational Leadership: The Future of Work is Now!**

Planning for the next normal is nearly impossible and unpredictable. Leading a resilient and reliable team through uncertainty and chaos translates to powerful solutions and increased profitability. Learn how the best leaders transform a culture and create continuity based on words, actions, and trust while creating greater purpose for everyone.

Additional topics available upon request. All talks are customized and based in neuroscience.

**Holland Haiis** helps CEO's, Senior Leaders, and Elite Teams to improve leadership, embrace change, and create unified cultures using science-based strategies. Holland was named one of 100 Global Thought Leaders along with Suze Orman and Deepak Chopra and is often seen on and in: CNN, ABC, NBC, HLN, CBS, CNBC, FOX News, Inc., Thrive Global, Fast Company, HR.Com and many other publications.

**BOOK HOLLAND FOR  
YOUR EVENT**

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